

H1N1 FLU INFORMATION

The World Health Organization had declared the H1N1 flu a “pandemic” earlier this year. Estimates of over 2 billion people will be affected.

Signs/Symptoms of the flu:

- Fever over 100 degrees, Chills, Cough, Nasal Congestion, Body Aches and possible Nausea, Vomiting, Diarrhea.
- Do not venture out except to seek medical attention.
- Take Tylenol or Motrin to help relieve fever and body aches.
- Drink plenty of fluids and try to eat a well balanced diet.

If your student becomes ill at school:

- We have sick rooms designated at each school. Your student will be isolated from others in the sick rooms until they can be picked up.
- If your student shows signs/symptoms of being ill, parents will be notified immediately.

Your student can return to school when:

- Students may return to school when their temperature is normal for 24 hours WITHOUT the aid of Tylenol or Motrin. **This is the CDC recommendation.** (Centers for Disease Control)
- DO NOT give aspirin to children, due to the possibility of Reyes Syndrome.

What we at USD #252 are doing:

- Teachers have been in-serviced on signs/symptoms of the flu.
- Signs have been placed in every classroom and hall to remind everyone about Covering Your Cough.
- Everyone is practicing good hand washing and washing more often.
- Hand sanitizers are available in classrooms, library, lunch room, computer labs.
- The district will be using the disinfectant RE-JUV-NAL to disinfect tables, desks and other flat surfaces. It is safe to use and pleasant smelling.
- Elementary will be cleaning desks/tables at least twice daily, High School will be cleaning desks after every block.
- Computer keyboards will be wiped off before each class with disinfectant wipe.
- Kitchens will be wiping off tables more frequently.
- Janitors will be cleaning drinking fountains, door handles, sinks, and bathroom facilities more frequently.
- Should we have an outbreak of the flu, dry aerosol disinfectants will be sent off to cover large areas when school is not in session.
- It is encouraged that everyone receives their seasonal flu shots when they become available in your area.